

This information pamphlet is a useful tool people in all stages of recovery. Descriptions, definitions, and personal stories will help you recognize co-occurring disorders and begin your recovery

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Understanding Obsessive Compulsive Disorder and Addiction [Jonathan H. Hoffman] on shakethatbrain.com *FREE* shipping on qualifying offers. This information.

WebMD explains obsessive-compulsive disorder (OCD), including causes, problems such as depression, eating disorders, substance abuse. This brief, easy-to-read pamphlet provides information on a variety of topics related to obsessive-compulsive disorder and addiction, treatment, and recovery. Understanding Obsessive-Compulsive Disorder and Addiction helps chemically dependent clients reclaim their day-to-day lives and relationships from. Sometimes people use the words addiction and compulsion When people have obsessive-compulsive disorder, they are usually aware that. Obsessive-compulsive disorder, or OCD, is another matter entirely. It refers to a chronic and serious mental health disorder that is characterized by intrusive and . A substance abuse problem can be a symptom of an underlying obsessive compulsive disorder or simply, those with OCD may self-medicate to.

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