

Since its publication almost a decade ago, Sol L. Garfield's *The Practice of Brief Psychotherapy* has become the definitive training text and professional guidebook on brief psychotherapy with an eclectic point of view. But even as managed care has made the practice of brief psychotherapy a mainstay for many therapists, it has become increasingly difficult for clinicians and trainees to keep pace with fresh developments in the field. This revised edition brings Dr. Garfield's classic straight to the cutting edge of current practice, providing a comprehensive, integrated picture of brief therapy based upon up-to-date procedures and research findings. Written by one of the founding fathers of brief psychotherapy, *The Practice of Brief Psychotherapy, Second Edition* includes appraisals of the latest research on evaluation techniques, treatment guidelines, effectiveness, and validated therapies. It walks today's clinician step-by-step through the basic aspects of the therapeutic process, moving through every stage from initial interview through termination and posttherapy appraisal. As in the successful first edition, this book is results-oriented, focusing on procedures and findings from diverse therapeutic approaches for their usefulness in achieving positive outcomes. Shedding light on crucial therapeutic variables in psychotherapy, it explores common and specific factors of therapeutic value that transcend individual methodologies and techniques. Timely and more relevant than ever, this Second Edition of *The Practice of Brief Psychotherapy* gives clinicians, counselors, and students an excellent and broad-based practical reference on brief psychotherapy—a powerful and flexible clinical tool for their work. Over the course of his long and distinguished career, Sol L. Garfield has received numerous prestigious awards, including the American Psychological Association's Distinguished Contribution to Knowledge Award, the Distinguished Contribution to Clinical Psychology Award from the APA's Division of Clinical Psychology, the Society for Psychotherapy Research Distinguished Research Career Award, and the Council of University Directors of Clinical Psychology 3rd Annual Award for Outstanding Contributions to Clinical Training. He is the author or editor of many books, notably the *Handbook of Psychotherapy and Behavior Change* (coedited with A. E. Bergin), now in its fourth edition, and *Psychotherapy: An Eclectic-Integrative Approach* (both published by Wiley). Dr. Garfield has also contributed over 150 journal articles or chapters to edited volumes.

Praise for the First Edition

A well-written and useful approach to brief therapy. -*Clinical Psychology Review*. Provides a lucid and approachable discussion of each of the ingredients that go into the [brief] psychotherapy mixture. -*Contemporary Psychology*.

This revised edition of Sol L. Garfield's *The Practice of Brief Psychotherapy* brings his classic work fully up to date with the latest developments in the field—from recent research findings and trends in managed care to new viewpoints and approaches to psychotherapy. Like its predecessor, this edition offers an eclectic approach to brief psychotherapy based upon what works—favoring procedures that appear most appropriate for a given case, and whose effectiveness is backed by empirical research support. The result is an accessible and comprehensive resource that is of outstanding practical value to practitioners and students of brief psychotherapy and counseling.

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Title, *The practice of brief psychotherapy. Psychology practitioner guidebooks*. Author, Sol Louis Garfield. Publisher, Pergamon Press, Original from, the. *The Practice of Brief Psychotherapy* Brief Therapy and Managed Care: Readings for Contemporary Practice

Psychology Practitioner Guidebooks Series.

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Add to Cart. Handbook of Psychotherapy and Behavior Change (Bergin and Garfield's Handbook of Coping With Ethical Dilemmas In Psychotherapy (PSYCHOLOGY PRACTITIONER GUIDEBOOKS) The Practice of Brief Psychotherapy. A Practitioner's Guide, Third Edition Multicultural practice the range of short- term therapies for psychiatry residents, psychology interns, social work students, . Journal of Counseling Psychology, 47, 36â€œ Client attachment to therapist, depth of in-session exploration, and object relations in brief psychotherapy. Psychological practice and managed care: Results of the CAPP practitioner survey. Thus, they have no way of knowing how to select the right therapist for their . Stekel seems to have invented short-term psychotherapy as we know it today. .. Always interested in the practical application of psychological insights, Adler. Sol L. Garfield is the author of Clinical Psychology (avg rating, 2 ratings, 0 reviews, published), The Practice of Brief Psychotherapy (a Multimethod Assessment of Chronic Pain: Psychology Practitioner Guidebooks by. Empowerment entails encouragement of self-directed psychological growth. S.H. Budman, A.S. Gurman Theory and practice of brief therapy. Guilford . D. Meichenbaum, D.C. Turk Facilitating treatment adherence: A practitioner's guidebook. APPLIED CLINICAL PSYCHOLOGY Series Editors: Alan S. Bellack Medical Ron Van Houten and Saul Axelrod CASEBOOK OF THE BRIEF PSYCHOTHERAPIES CLINICAL PSYCHOLOGY SINCE Science, Practice, and Organization Ford USING RATIONAL-EMOTIVE THERAPY EFFECTIVELY A Practitioner's.

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