

ENTERING THE FOURTH STATE This is the one-day intensive Mark Griffin gave on September 15th, 2012. We're going to be meditating deep into the fourth state – the realization of the Blue Pearl and beyond. One of the things that is difficult about spiritual training is that all the dynamics of spiritual consciousness take place in consciousness – which is subtle, invisible to the senses, more subtle than the mind. Thus there can be a kind of entanglement between what we call the left brain and right brain movements of our consciousness. The left brain is the literal vernacular, an ordered, reason-based assembly of reality; and the right brain is simply blocks of consciousness, characterized as forms or pictures. It is the right brain that can more easily embrace the concept of emptiness, can conceive of something that can't be conceived.

THE TEACHINGS - A SERIES OF KINDLE BOOKS To study with an enlightened being is a truly rare and special opportunity. Mark Griffin is such an individual and offers a center for engagement in spiritual training, known as the Hard Light Center of Awakening. In the context of weekly meetings and monthly retreats, he gives discourses on the nature of enlightenment, the path to realization and the reality of truth. These talks have been carefully transcribed and lightly edited, and are presented in the Teachings series. For more information, please visit www.hardlight.org.

ABOUT THE AUTHOR - MARK GRIFFIN Meditation Master Mark Griffin, the founder of Hard Light Center of Awakening, was a student of Swami Muktananda of the Siddha Yoga Lineage who, in turn, was a disciple of Swami Nityananda. Griffin, who teaches in Malibu, CA, exists in states of Nirvikalpa Samadhi and identifies meditation as the core of his teaching. He presents ancient knowledge of the various strands of Yoga dating back to the Vedas in contemporary terms, both mystical and scientific. As such, his work complements and agrees with many esoteric practices including Taoism, Tantra, Yoga, Shamanism and theoretical physics. Mark Griffin is a Westerner who was born in the 50s in the Pacific Northwest. His childhood encompassed a usual American middle-class scenario, followed by tumultuous teen and early adult years spent in a very aggressive pursuit of higher knowledge and purpose. Mark's studies in art and music brought him to the San Francisco Bay area where he met his Guru, Swami Muktananda, in 1976. After six years of full-time immersion in the study of meditation, Mark encountered a milestone of extreme spiritual significance – entrance into an advanced state of consciousness known as Nirvakalpa Samadhi. Very shortly thereafter, Muktananda died. Great teachers of the Kagyu tradition came to Mark's assistance, and he received continued instruction in maturing and stabilizing his abilities in meditation from Kalu Rinpoche and Chogyam Trungpa. Mark Griffin founded the Hard Light center of Awakening in 1989, and continues to teach in Los Angeles, California.

Works of George Haven Putnam, Annual Report, The World's Funniest Bathroom Graffiti: Volume 1, Tycho Brahe: A Picture of Scientific Life and Work in the Sixteenth Century (Cambridge Library Collection - Astronomy), Bibliography of the Constitutions and Laws of the American Indians, Alfred Hitchcock Mystery Magazine, November 1995 (Volume 40, Number 11), Annual Reports on NMR Spectroscopy, Vol. 36, Wacky Witch (Look-Look Book), Kostenrechnung in der Chemischen Industrie (German Edition), Encyclopedie theologique; ou, Serie de dictionnaires sur toutes les parties de la science religieuse ... t. 1-50, 1844-1862; nouv, ser. t. 1-52, ... 1-66, 1854-1873 (Volume 61) (French Edition),

In entering this junction the aspirant enters into another world. It is not wakefulness, nor is it the dreaming state, nor is it sound sleep, but a fourth world. Here, the TURIYA or the fourth state is that state in which the individual soul rests in his own Prophets are many but he essentials of their teachings are one and the same. Schools You will be nowhere if you enter into disputations and discussions. **QUESTIONS BASED ON THE TEACHING OF G. I.**

Self-study and improvement â€”States of consciousness and Way of Monk and Way of Yogiâ€”The Fourth .. principle which does not enter into ordinary scientific study, or enters very little.

Gnostic scientists can place their physical body in the Jinn State and move Only the body that enters hyperspace can escape from that law. . Fourth Key. But it is this very idea that is at the basis of all religious doctrines because it is the . Given that we can enter the third state of consciousness using the body.

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